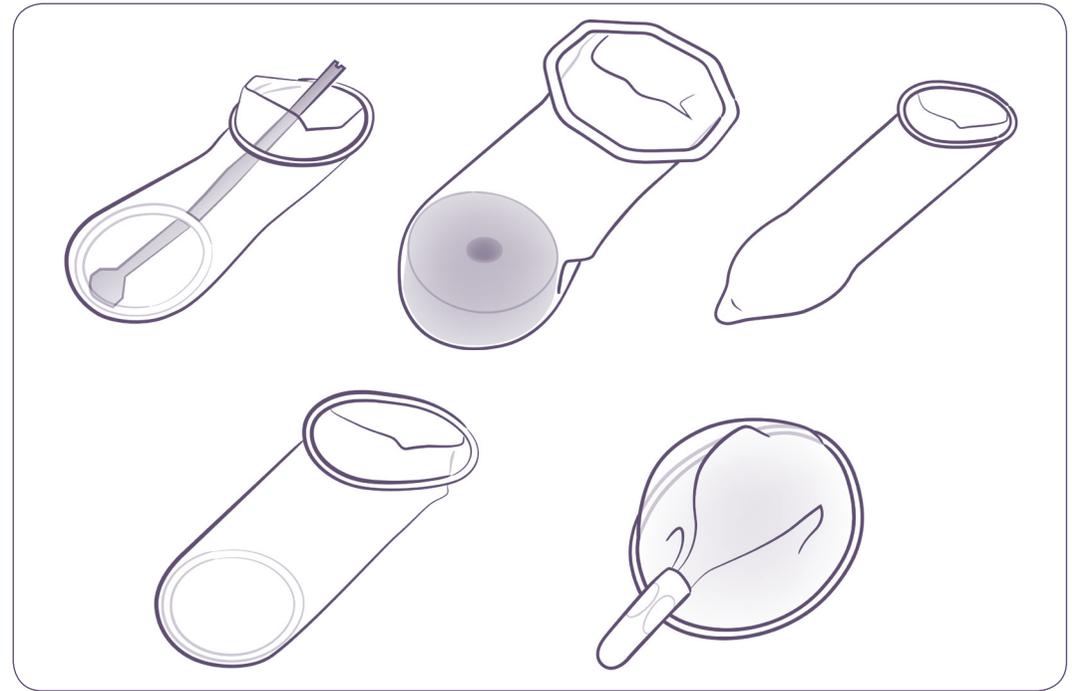


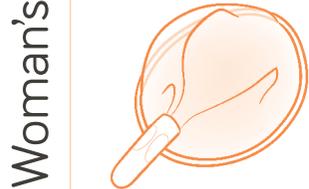
# COMPARISON CHART: DIFFERENT TYPES OF FEMALE CONDOMS AND MALE CONDOMS

Male and female condoms are **the only form of contraception that provide dual protection from unintended pregnancy and sexually transmitted infections, including HIV.**

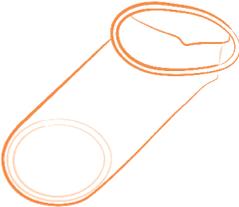
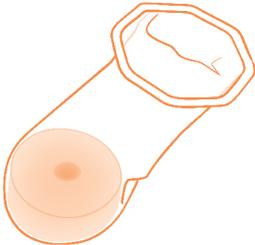
Condoms act as a physical barrier between the cervix and sperm. Male condoms are worn on the penis while female condoms are inserted into the vagina; **female condoms also cover a woman's external genitals.** All female condoms below can be inserted in advance of sexual intercourse and do not need to be removed immediately after sex. Unlike the male condom, **female condoms do not constrict the penis.** **Both male and female condoms can be used without seeing a health care provider.**



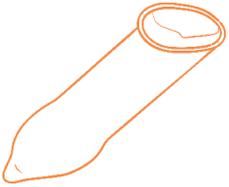
	MANUFACTURER	SPECIFICATIONS	HOW TO INSERT THE CONDOM	ADVANTAGES	AVAILABILITY
Woman's Condom	Shanghai Dahua Medical Apparatus Company Ltd., China  WEBSITE: <a href="http://www.femalecondom.cn">www.femalecondom.cn</a>	<p><b>MATERIAL</b></p> <ul style="list-style-type: none"> <li>· Polyurethane, 0.03 mm thick +/- 0.003 mm.</li> </ul> <p><b>INSERTION AND RETENTION</b></p> <ul style="list-style-type: none"> <li>· The closed end of the condom is wrapped inside a dissolving capsule. The capsule is used to insert the condom into the vagina.</li> <li>· Four foam shapes are heat-welded on to the outside of the pouch. These foam shapes hold the condom in place during sex.</li> <li>· A circular ring at the open end of the condom remains outside the vagina.</li> </ul> <p><b>LUBRICATION</b></p> <ul style="list-style-type: none"> <li>· The Woman's Condom is packaged dry (not pre-lubricated). It is supplied with a small packet of water-based lubricant that is applied at the time of use.</li> <li>· It is recommended for use with water-based lubricant.</li> </ul> <p><b>SHELF LIFE</b></p> <p>3 years.</p>	<ul style="list-style-type: none"> <li>· Put your hand inside the condom and hold the capsule between your thumb and forefinger.</li> <li>· Push the capsule as far inside your vagina as you can. Wait 30-60 seconds for the capsule to dissolve.</li> <li>· Lubricate the inside of the condom with your finger. You can also add lubricant directly onto your partner's penis.</li> </ul>	<ul style="list-style-type: none"> <li>· The capsule can make insertion of the Woman's Condom easier than other female condoms.</li> <li>· The material is thin and soft. It warms to body temperature, so sex can feel more natural than sex with a male condom.</li> <li>· Because the condom is not pre-lubricated, it is not slippery or difficult to hold. Users can apply as little or as much lubricant as they like.</li> <li>· The Woman's Condom was designed with input from women and men in multiple countries. It is designed to be easy to use and comfortable for both partners.</li> </ul>	<ul style="list-style-type: none"> <li>· The Woman's Condom is approved for sale in China, South Africa, and Europe.</li> <li>· The World Health Organization (WHO) is currently reviewing the Woman's Condom for prequalification.</li> </ul>



# COMPARISON CHART: DIFFERENT TYPES OF FEMALE CONDOMS AND MALE CONDOMS

	MANUFACTURER	SPECIFICATIONS	HOW TO INSERT THE CONDOM	ADVANTAGES	AVAILABILITY
FC2 <sup>®</sup> female condom	<p>The Female Health Company, United States (manufactured in Malaysia)</p> <p>WEBSITE: www.femalehealth.com</p> 	<p><b>MATERIAL</b></p> <ul style="list-style-type: none"> <li>· Nitrile, a synthetic rubber (non-latex), 0.065 mm–0.085 mm thick.</li> </ul> <p><b>INSERTION AND RETENTION</b></p> <ul style="list-style-type: none"> <li>· An inner ring inside the closed end of the condom is used to insert the condom and keep it in place during sex.</li> <li>· A circular outer ring at the open end of the condom remains outside the vagina.</li> </ul> <p><b>LUBRICATION</b></p> <ul style="list-style-type: none"> <li>· FC2 is pre-lubricated with a silicone-based lubricant.</li> <li>· It can be used with water and oil-based lubricants.</li> </ul> <p><b>SHELF LIFE</b></p> <ul style="list-style-type: none"> <li>· 5 years.</li> </ul>	<ul style="list-style-type: none"> <li>· Squeeze the inner ring at the closed end of the condom between your thumb and forefinger so that it forms a point.</li> <li>· Insert the inner ring into your vagina.</li> <li>· Slide your index or middle finger inside the condom and push the inner ring up as far as possible into your vagina.</li> </ul>	<ul style="list-style-type: none"> <li>· The material is soft and warms to body temperature so sex can feel more natural than sex with a male condom.</li> <li>· Some men like the sensation of their penis bumping against the inner ring.</li> </ul>	<ul style="list-style-type: none"> <li>· The FC2 female condom is available in more than 130 countries.</li> <li>· It is approved by the US Food and Drug Administration; the European Regulatory authority; and has WHO prequalification.</li> </ul>
Cupid <sup>™</sup>	<p>Cupid Ltd., India</p> <p>WEBSITE: www.cupidltd.com</p> 	<p><b>MATERIAL</b></p> <ul style="list-style-type: none"> <li>· Latex, 0.11 mm thick +/- 0.02 mm.</li> </ul> <p><b>INSERTION AND RETENTION</b></p> <ul style="list-style-type: none"> <li>· A donut-shaped polyurethane sponge at the closed end of the condom is used to insert the condom and keep it in place during sex.</li> <li>· An octagonal-shaped ring at the open end of the condom remains outside the vagina.</li> </ul> <p><b>LUBRICATION</b></p> <ul style="list-style-type: none"> <li>· Cupid is pre-lubricated with a silicone-based lubricant, with or without flavor.</li> <li>· It cannot be used with oil-based lubricants.</li> </ul> <p><b>SHELF LIFE</b></p> <ul style="list-style-type: none"> <li>· 3 years.</li> </ul>	<ul style="list-style-type: none"> <li>· Squeeze the sponge at the closed end of the condom between your thumb and forefinger until it becomes long and narrow.</li> <li>· Insert the sponge into your vagina.</li> <li>· Put your index finger inside the condom and push the sponge up as far as you can into your vagina.</li> </ul>	<ul style="list-style-type: none"> <li>· Cupid female condoms are available in both natural and pink colors, as well as a vanilla scent.</li> <li>· The sponge helps absorb semen, reducing the chance of semen spilling when the condom is removed.</li> </ul>	<ul style="list-style-type: none"> <li>· The Cupid female condom is approved for sale in Brazil, India, South Africa, and Europe.</li> <li>· It has WHO prequalification and is distributed in several countries.</li> </ul>

# COMPARISON CHART: DIFFERENT TYPES OF FEMALE CONDOMS AND MALE CONDOMS

	MANUFACTURER	SPECIFICATIONS	HOW TO INSERT THE CONDOM	ADVANTAGES	AVAILABILITY
Phoenurse®	<p>Tianjin Condoobao Medical Polyurethane Company, China</p> <p>WEBSITE: www.condoobao.com/eng/index.asp</p> 	<p><b>MATERIAL</b></p> <ul style="list-style-type: none"> <li>· Polyurethane, 0.045 mm–0.052 mm thick.</li> </ul> <p><b>INSERTION AND RETENTION</b></p> <ul style="list-style-type: none"> <li>· An inner ring at the closed end of the condom is used to insert the condom and keep it in place during sex.</li> <li>· Phoenurse also comes packaged with an insertion stick that can be used to push the condom into your vagina.</li> <li>· A circular outer ring remains outside the vagina.</li> </ul> <p><b>LUBRICATION</b></p> <ul style="list-style-type: none"> <li>· Phoenurse is pre-lubricated with a silicone-based lubricant.</li> <li>· It can be used with water and oil-based lubricants.</li> </ul> <p><b>SHELF LIFE</b></p> <ul style="list-style-type: none"> <li>· 3 years.</li> </ul>	<ul style="list-style-type: none"> <li>· Squeeze the inner ring at the closed end of the condom between your thumb and forefinger so that it forms a point.</li> <li>· Insert the inner ring into your vagina.</li> <li>· Place your index or middle finger into the condom and push the ring inside your vagina as far as you can.</li> <li>· Alternatively once you have inserted the inner ring into your vagina you can use the insertion stick to push the condom up into your vagina as far as you can.</li> </ul>	<ul style="list-style-type: none"> <li>· Phoenurse comes with an insertion tool to push the inner ring into your vagina.</li> <li>· The material warms to the body's temperature so sex can feel more natural than sex with a male condom.</li> </ul>	<ul style="list-style-type: none"> <li>· Phoenurse is approved for sale in China and Europe and is distributed in a few countries.</li> <li>· The WHO is currently reviewing Phoenurse for prequalification.</li> </ul>
Male condom	<p>Various manufacturers</p> 	<p><b>MATERIAL</b></p> <ul style="list-style-type: none"> <li>· Most male condoms are made of latex. Some are made of polyurethane. Thickness generally ranges from 0.03 mm–0.08 mm.</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>· The condom is unrolled onto an erect penis and stays on the penis during sex.</li> </ul> <p><b>LUBRICATION</b></p> <ul style="list-style-type: none"> <li>· Most latex male condoms are pre-lubricated with a water-based lubricant.</li> <li>· Latex condoms cannot be used with oil-based lubricants. Only polyurethane condoms can be used with oil-based lubricants.</li> </ul> <p><b>SHELF LIFE</b></p> <ul style="list-style-type: none"> <li>· Most male condom manufacturers predict that male condoms have a 5-year shelf life.</li> </ul>	<ul style="list-style-type: none"> <li>· Do not unroll the condom when you take it out of the packet.</li> <li>· Pinch the tip of the condom between your thumb and forefinger to get rid of any air, and hold it in place while you roll the condom onto the erect penis.</li> </ul>	<ul style="list-style-type: none"> <li>· Male condoms are available in a wide variety of shapes, sizes and flavors, including ribbed and vibrating male condoms.</li> </ul>	<ul style="list-style-type: none"> <li>· Male condoms are well known and generally widely available.</li> <li>· Some male condom factories have WHO prequalification.</li> <li>· Users should check that the condom has relevant regulatory approval.</li> </ul>

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Last updated November 2013. All information cited in this document accurate at time of publication.

Dahua Medical Apparatus Company. Comparison Chart: Different Types of Female Condoms and Male Condoms. Shanghai: Dahua; 2013